

РОССИЙСКАЯ АКАДЕМИЯ НАУК
Санкт-Петербургский филиал Института востоковедения

ИСЛАМ

**на территории
бывшей
Российской
империи**

Энциклопедический
словарь

Под редакцией С.М.Прозорова

Том I



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[illegible]

Затем он перекочевал к туркменам Северо-Западного Забалхана, у которых хорезмские суфии пользовались огромным авторитетом.

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Thymopentin 7 is a synthetic peptide consisting of seven amino acids corresponding to the amino-terminal sequence of the thymus-specific lymphocyte receptor on a T-lymphocyte, which binds to major histocompatibility complex class II antigens. Thymopentin 7 is a synthetic peptide consisting of seven amino acids corresponding to the amino-terminal sequence of the thymus-specific lymphocyte receptor on a T-lymphocyte, which binds to major histocompatibility complex class II antigens. Thymopentin 7 is a synthetic peptide consisting of seven amino acids corresponding to the amino-terminal sequence of the thymus-specific lymphocyte receptor on a T-lymphocyte, which binds to major histocompatibility complex class II antigens.

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Abstract—The purpose of this study was to determine the effect of a 12-week training program on the physical and psychological health of a group of 100 male and 100 female subjects. The subjects were divided into two groups: a control group and a training group. The training group received a 12-week training program consisting of aerobic and anaerobic exercises. The control group received no training. The subjects were assessed at baseline and at 12 weeks. The results showed that the training group had significantly higher levels of physical fitness and psychological health than the control group at 12 weeks. The results also showed that the training program had a positive effect on the subjects' self-esteem and self-efficacy. The results of this study suggest that a 12-week training program can improve the physical and psychological health of a group of subjects.

